

## Chick pea falafel

3 cups	Chick pea flour
6 14 ounce cans	canned chick peas
10 tbs	Cilantro
6tbs	Sambal
1	Onion
4 tbs	Parsley
2 tsp	Garlic
3 tsp	cumin
4tsp	Coriander
8tsp	Baking powder
2	Lemon zest and juice

Puree chick peas cut up cilantro, onion, parsley, garlic and add with the rest

2	cups plain yoghurt
1	cup dill
1	whole cucumber
1	red onion
6	lemons

Yoghurt mix, cut up onions cucumber and dill, add to yoghurt with lemon juice

# Steak tartare

60 ounce	Beef tenderloin
8	Eggs
60 ml	Pickle
30 ml	Sambal
6	Shallot
125 ml	Capers
1 head	Flat leaf parsley
60 ml	Ketchup
60 ml	Dijon
60 ml	Olive oil
4	Russian rye bread
1lbs	Butter

Cut up all ingredients and add to chopped beef with egg yolks

2	Red onion
1 cup	Sugar
1 cup	Balsamic

Cut up all ingredients and add to chopped beef with egg yolks

Slice onions add to balsamic and sugar, reduce on stove until syrup

# Atlantic lobster

11 2lbs each      lobster

Cook lobster for 12 minutes at 1.5 lbs lobsters

2 kg	potato
300 g	semolina
6 tbs	parmesan
500 g	flour
6	egg yolks
2	eggs
10 g	nutmeg
10 g	white pepper
40 g	squid ink powder

Cut and cook peeled potatoes

After done rice them and put semolina and flour on top, let dry

Add rest of ingredients, don't over mix

1 cup	peas
2 cups	chanterelles

500 ml	whip cream
500 ml	chicken stock
100 g	butter
250 g	gruyere cheese
60 g	thyme

Reduce whip cream and chicken stock by half, finish with thyme cheese

20	cipolini
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Roast onions

## Passion fruit soufflé

1 l                    passion fruit puree  
40                    eggs  
1 l                    sugar  
1 lbs                 butter

Butter and sugar ramekins

Separate yolks from whites, beat whites and add sugar, flavor to yolks.

Fold together

Ice cream

1 l                    whip cream  
1 cup                sugar  
10                    egg yolks

Boil whip cream and sugar, simmer when adding egg yolks

Pay attention to me when I do this and take notes